

Physical Education

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Area of PE	✓ Games	✓ Games	✓ Games	✓ Games	✓ Games	✓ Games
	✓ Gymnastics & Dance	Gymnastics & Dance	✓ Gymnastics & Dance	✓ Gymnastics & Dance	Gymnastics & Dance	✓ Gymnastics & Dance
	Outdoor & Adventurous OAA	Outdoor & Adventurous OAA	Outdoor & Adventurous OAA	Outdoor & Adventurous OAA	✓ Outdoor & Adventurous OAA	✓ Outdoor & Adventurous OAA
	✓ Athletic Activities	✓ Athletic Activities	Athletic Activities	Athletic Activities	✓ Athletic Activities	✓ Athletic Activities
EYFS Cycle 1 & 2	I n d o o r r Object and Body Control	I n d o o r r Agility – Changing speed and direction	I n d o o r r Movement – Dance and Gymnastics	I n d o o r r Movement - Dodging	I n d o o r r Sports Day Events	I n d o o r r Sports Day Events/Multi-skills
KS1 Cycle 1 & 2	O u t d o o r r Football and Cross Country	O u t d o o r r High 5's / Basketball	O u t d o o r r Tag Rugby	O u t d o o r r Uni-hoc	O u t d o o r r Orienteering	O u t d o o r r Kwik cricket
	I n d o o r r Dance	I n d o o r r Circuits	I n d o o r r Gymnastics & Dance	I n d o o r r Danish Long Ball	I n d o o r r Sports Day Events/Athletics	I n d o o r r Rounders
LKS2 Cycle 1 & 2	O u t d o o r r Football and Cross Country	O u t d o o r r High 5's / Basketball	O u t d o o r r Tag Rugby	O u t d o o r r Uni-hoc	O u t d o o r r Orienteering	O u t d o o r r Kwik cricket
	I n d o o r r Dance	I n d o o r r Circuits	I n d o o r r Gymnastics & Dance	I n d o o r r Danish Long Ball	I n d o o r r Sports Day Events/Athletics	I n d o o r r Rounders
UKS2 Cycle 1 & 2	O u t d o o r r Football and Cross Country	O u t d o o r r Netball/ Basketball	O u t d o o r r Tag Rugby	O u t d o o r r Hockey & Lacrosse	O u t d o o r r Orienteering	O u t d o o r r Cricket
	I n d o o r r Dance	I n d o o r r Circuits	I n d o o r r Gymnastics/Dance & Trampolineing	I n d o o r r Danish Long Ball	I n d o o r r Sports Day Events/Athletics	I n d o o r r Rounders
C o m p e t i t i o n s	O u t d o o r r Football	O u t d o o r r Cross country & Basketball/Netball	O u t d o o r r Multi Skills & Dodgeball	O u t d o o r r Danish Long Ball & Dance Showcase	O u t d o o r r Multiskills, Uni/hoc & Orienteering	O u t d o o r r Athletics, Cricket & OAA