

LONG TERM CURRICULUM OVERVIEW

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		Being me in my world	Celebrating difference	Relationships	Healthy me	Dreams and goals	Changing me
FS1		Who am I?	Being unique	How to make friends	My healthy body	New experiences	Moving on
FS2		Who am I and how do I fit?	What makes us special	Making friends and helping others	What I need to be healthy	Trying my best and not giving up	Changes in my life
KS1	Cycle 1	Rights and Responsibilities	Celebrating difference	Families and People who help us at school	How to keep ourselves healthy	Working together and celebrating achievements	Understanding life cycles and our bodies
	Cycle 2	Natural consequences	Stereotypes - gender	Friendship	How to keep ourselves safe	Perseverance and overcoming obstacles	Understanding life cycles and our bodies
LKS2	Cycle 1	Rules, rights, responsibilities and consequences	Similarities and differences - race, gender, disability, religion	Families and family differences	Making Healthy Choices	Being resilient and positive attitudes	Reproduction and changing bodies
	Cycle 2	Self-identity, perspectives and resilience	Assumptions and Influences	Friendships, jealousy and managing conflict	Being safe and peer pressure	Hopes and Dreams	Reproduction and changing bodies
UKS2	Cycle 1	Democracy and active citizenship	Cultural differences, conflict and racism	Self-recognition and self-worth	Healthy mind and body	My dreams and aspirations for the future	Puberty and Reproduction
	Cycle 2	Peer Pressure, Anti-Social behaviour and being a role model	Perceptions of normality	Healthy Relationships	Peer Pressures, risks and responsibilities	How I can change the world	Puberty and reproduction